

Skeeles 7s Programme

2015

TIME	LUTGENSVALE 2	LUTGENSVALE 3	LUTGENSVALE 4
13:45 (F)	Bishops vs Chinthurst	WPPS vs SACS	Wynberg vs Rondebosch
14:00 (L)	Bishops vs Chinthurst	WPPS vs SACS	Wynberg vs Rondebosch
14:15 (B)	Bishops vs Chinthurst	WPPS vs SACS	Wynberg vs Rondebosch
14:30 (F)	Sweet Valley vs WPPS	Chinthurst vs Rondebosch	Bishops vs SACS
14:45 (L)	Sweet Valley vs WPPS	Chinthurst vs Rondebosch	Bishops vs SACS
15:00 (B)	Sweet Valley vs WPPS	Chinthurst vs Rondebosch	Bishops vs SACS
15:15 (F)	Bishops vs Rondebosch	Sweet Valley vs Chinthurst	Wynberg vs Primrose
15:30 (L)	Bishops vs Rondebosch	Sweet Valley vs Chinthurst	Wynberg vs Primrose
15:45 (B)	Bishops vs Rondebosch	Sweet Valley vs Chinthurst	Wynberg vs Primrose
16:00 (F)	Bishops vs WPPS	Wynberg vs SACS	Sweet Valley vs Primrose
16:15 (L)	Bishops vs WPPS	Wynberg vs SACS	Sweet Valley vs Primrose
16:30 (B)	Bishops vs WPPS	Wynberg vs SACS	Sweet Valley vs Primrose
16:45 (F)	Wynberg vs Chinthurst	Rondebosch vs WPPS	SACS vs Primrose
17:00 (L)	Wynberg vs Chinthurst	Rondebosch vs WPPS	SACS vs Primrose
17:15 (B)	Wynberg vs Chinthurst	Rondebosch vs WPPS	SACS vs Primrose

Rules

1. 2x **6min** halves (NO coaches on the field during half-time)
2. Matches START & END with a central hooter
3. Rolling Substitutes
4. Next teams on to be ready by half-time of current game
5. ALL 7's laws apply
6. **NO KICKING**